

I had a fantastic surgical experience, thanks to Dr. Anna Wooten, and would like to share it with those who are considering her for surgery.

I met Dr. Wooten four years ago, but had already heard of her. Several people in the medical field had worked with her in Pittsburgh and were impressed with her surgical portfolio. It was upon this recommendation that I called her a few years later. My left breast had dropped significantly after nursing babies, the nipple had become inverted and I was experiencing pain.

My desire was not to have breast implants, but simply to repair the damage from nursing and hope to position the breasts as they were “before babies”. After an office visit and examination, Dr. Wooten confirmed there was indeed internal damage and possibly scarring caused from nursing. She explained several options. We discussed the idea of augmentation, but that really wasn’t for me. She felt the best procedure to bring the desired effect was to lift the breasts, repair the nipple and “size” the areolas to better suit a new breast shape. Dr. Wooten made me very aware that this sort of surgery was different from a breast implant in that more internal surgery was necessary and as a result, healing may take longer. External scarring was also possible. She discussed possible permanent numbness, as well as her concern that if the breasts would be smaller, I may not be satisfied with the consequences and should seriously consider an augmentation. In fact, one week before the surgery, she called me personally and asked me to stop by the office. We inserted several sizes of implants into my bra just to see if I would prefer the look. At 5’2”, I was naturally a 36DD and felt that I did not need more mass added to my chest. I refused the augmentation and the surgery proceeded as planned.

This surgery was two years ago. I have never been so happy in my life. My breasts are high, perky, the areolas are the perfect size and the left nipple reverted. The pain I was experiencing prior to surgery is absent. There was numbness for about seven months after surgery, but in time it faded completely. The initial surgical cut on each breast also faded to the point of hardly noticeable unless one is looking for a scar. I am so pleased. My shirts fit the way they are supposed to, and even though I probably don’t need a bra, I actually enjoy buying them. My breasts no longer pour out at the top or slide out from under the support wire. Bra-buying is fun and not a mission to look “normal”.

I must also commend Dr. Wooten for her “bedside manner”. It is rare to find a doctor who is personal, patient, caring and extremely concerned for both the physical, and the mental, satisfaction. To boot, her office support is knowledgeable and extremely kind. Two words that describe my experience in the office – unrushed, and kindness.

Regrets? None at all. I would do it again.

Cristine H.